

STITCH OF THE WEEK: PAIRED HALF DOUBLE



Multiple:

Any number of stitches plus 1

Notes:

This stitch creates a mildly rigid fabric that is not suitable for garments. I recommend using cotton yarn and creating kitchen and bath projects with this stitch. Some household decorations would likely be ok with this, such as pillows and stockings or baby blankets.

This stitch is also worked as a half-double crochet two-together (decrease) but in order to keep the stitch count, you will work in each stitch twice, as well as starting out each row with a single crochet in the first stitch.

Yarn and Hook:

I used Red Heart Super Saver yarn and a 5mm H8 hook to create the swatch (sample). You can use any yarn and any hook but I recommend using the hook that the yarn label recommends.

Abbreviations:

YO—yarn over

Ch(s)—chain

St(s)—stitch(es)

HDC—half-double crochet

PHDC—paired half-double crochet

INSTRUCTIONS:

To complete the practice sample—

Ch11, hdc in 2nd ch from the hook. Yo, insert hook into the same stitch you just worked and pull up a loop. Hold. Yo, insert hook into the next stitch and pull up a loop. You now have 5 loops on the hook. Yarn over and pull through all 5 loops on the hook. Repeat this process all the way down the chain.

Row1: Ch1 and turn. Hdc in first st. *Yo, insert hook into same stitch and pull up a loop, hold it, yo, insert hook into next st and pull up a loop. Yo, pull thru all 5 loops on hook*. Repeat *to* across.

This is the repeat for the entire fabric. Keep practicing this stitch and you will find that it works up pretty fast however, since this is basically an HDC, it doesn't work upwards as fast as a double crochet or triple crochet.

YouTube Video:

<https://www.youtube.com/watch?v=bkQk7psrbgg&t=7s>

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